

# **Travel Consultation - PLEASE PRINT**

| Date:           | Name of person inquiring: |  |
|-----------------|---------------------------|--|
| Tel. Home/Cell: | Email:                    |  |
| Address:        |                           |  |

#### **Traveler's Names**

| 1I  | DOB: | Age: | Sex: M □ | $F \Box$    |
|-----|------|------|----------|-------------|
| 2 I | DOB: | Age: | Sex: M □ | $F \square$ |
| 3 I | DOB: | Age: | Sex: M □ | $F \square$ |
| 4 I | DOB: | Age: | Sex: M □ | $F \square$ |
| 5   | DOB: | Age: | Sex: M □ | $F \square$ |

## **Health Questionnaire**

|                             | CLIENT #1 | CLIENT #2 | CLIENT #3 | CLIENT #4 | CLIENT #5 |
|-----------------------------|-----------|-----------|-----------|-----------|-----------|
| ALLERGIES                   |           |           |           |           |           |
| (to medication, food,       |           |           |           |           |           |
| etc)                        |           |           |           |           |           |
|                             |           |           |           |           |           |
| MEDICATIONS                 |           |           |           |           |           |
| (currently taking)          |           |           |           |           |           |
| * please provide list       |           |           |           |           |           |
| from pharmacy if possible * |           |           |           |           |           |
| possible                    |           |           |           |           |           |
| MEDICAL                     |           |           |           |           |           |
| CONDITIONS                  |           |           |           |           |           |
|                             |           |           |           |           |           |
|                             |           |           |           |           |           |
| Weight                      |           |           |           |           |           |
| (for children)              |           |           |           |           |           |
| # of Alcoholic              |           |           |           |           |           |
| drinks/wk                   |           |           |           |           |           |
| <b>Smoking Status</b>       |           |           |           |           |           |
| (# per day)                 |           |           |           |           |           |
| Any chance that             |           |           |           |           |           |
| you are pregnant?           |           |           |           |           |           |

## History of Past Vaccination - Please include a copy of your immunization record

If you do not have an updated immunization record (yellow book), you may retrieve this information from your Doctor/Nurse Practitioner or the Eastern Ontario Health Unit.

| Date of Departure:  |                |
|---|----------------|
| <b>Countries and Cities/Provinces in Order of Travel</b><br>(please be as detailed as possible) | # of Days/Area |
|   |                |
|   |                |

## Categories of Travel: Check the Appropriate Category – May choose more than one

□ Staying in a first class hotel or staying mainly in urban centres □ Staying/visiting relatives/friends

- □ Travelling extensively in a rural area, camping, mission, etc.
- $\Box$  Travelling at altitudes >2500m
- □ Adventure/Eco Traveller

## Reason of Travel: Check the Appropriate Category - May choose more than one

Leisure
Business
Work, ex.: health care aide, volunteer, missionary, handling animals, veterinarian, teaching, adoption, etc.

 $\Box$  Cruise

□ Eating off resort in small rural villages

#### Benefit Coverage: Direct billing may be possible if you have private insurance

Please provide a copy of your insurance card for direct billing

#### **Consultation Appointment(s):**

Prior to the appointment, a pharmacist will review and provide a written assessment of travel health recommendations.

Prescriptions will be provided by Christianne Godard, NP after reviewing the assessment and recommendations. At the appointment, a pharmacist will provide counselling on the travel health recommendations; including any recommended medications, recommended vaccines, insect precautions, self-treatment of diarrhea, sun safety, infection control measures, and recent travel advisories/outbreaks.

| Cost:                     |       |
|---------------------------|-------|
| Consultation (Single)     | \$70  |
| Consultation (Student)    | \$60  |
| Consultation (Couple)     | \$100 |
| Fee per additional person | \$20  |

These are consultation fees only and do not include the cost of vaccines or medications (if required). Depending on the itinerary, the consultation typically lasts 30 minutes.

#### Administration of Vaccines:

Vaccine administration to those 5 years of age and older is provided by a pharmacist trained in the administration of vaccines. Vaccine administration to those under the age of 5 years old is provided by Christianne Godard, Nurse Practitioner. You will be required to wait at Medical Arts Pharmacy for 15 minutes after receiving a vaccine.

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